

CHAPTER

18

REVIEW WORKSHEET

PSYCHOLOGICAL DISORDERS

In the space provided, write the letter of the term from the list below that matches each description. Two terms are not used.

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|---------------------------------|----------------------------|-----------------------------------|----------------------------|
| a. anxiety | g. culture-bound syndromes | o. schizoid | v. disorganized |
| b. somatization | h. mania | p. obsessions | schizophrenia |
| c. generalized anxiety disorder | i. avoidant | q. post-traumatic stress disorder | w. maladaptive |
| d. depression | j. compulsions | r. typicality | x. catatonic schizophrenia |
| e. paranoid schizophrenia | k. agoraphobia | s. social phobia | y. conversion disorder |
| f. panic attack | l. bipolar disorder | t. psychological disorders | z. antisocial |
| | m. schizophrenia | u. catatonic stupor | aa. hypochondriasis |
| | n. simple phobia | | |

- _____ 1. Behavior patterns or mental processes that cause serious personal suffering
- _____ 2. The degree to which a behavior is average, or typical of the behavior of the majority of people
- _____ 3. The type of behavior that impairs an individual's ability to function adequately in everyday life
- _____ 4. Patterns of abnormal behavior recognized in specific localities that may be linked to an official category of psychological disorder
- _____ 5. A general state of dread or uneasiness that occurs in response to a vague or imagined danger
- _____ 6. A persistent excessive or irrational fear of a particular object or situation
- _____ 7. A persistent fear of social situations in which one might be exposed to the close scrutiny of others
- _____ 8. A relatively short period of intense fear or discomfort characterized by shortness of breath or other distressing physical symptoms
- _____ 9. A fear of being in places or situations from which escape may be difficult or impossible

► **Review Worksheet (continued)**

- _____ 10. An excessive or unrealistic worry about life circumstances that lasts for at least six months
- _____ 11. Unwanted thoughts, ideas, or mental images that occur over and over again
- _____ 12. Repetitive ritual behaviors, often involving checking or cleaning
- _____ 13. Intense, persistent feelings of anxiety that are caused by an experience so traumatic that it would produce stress in almost anyone
- _____ 14. An unrealistic preoccupation with the fear that one has a serious disease
- _____ 15. The expression of psychological disorders through physical symptoms
- _____ 16. A mood disorder that typically involves feelings of helplessness and sadness
- _____ 17. A mood disorder that involves a cycle of mood changes from depression to wild elation and back again
- _____ 18. A psychological disorder characterized by loss of contact with reality
- _____ 19. An immobile, expressionless, comalike state
- _____ 20. A type of schizophrenia characterized by delusions or frequent hallucinations
- _____ 21. A type of schizophrenia characterized by incoherent thought and speech and chaotic behavior
- _____ 22. A type of schizophrenia characterized by a disturbance of movement
- _____ 23. A type of personality disorder characterized by a lack of interest in relationships
- _____ 24. A type of personality disorder characterized by a disregard for the rights of others
- _____ 25. A type of personality disorder characterized by a sense of social inhibition and feelings of inadequacy