

CHAPTER  
**12**

**REVIEW WORKSHEET**

**ADULTHOOD**

Answer each of the following questions in the space provided.

1. What age span does young adulthood cover? \_\_\_\_\_
2. What is the “age 30 transition”? \_\_\_\_\_  
\_\_\_\_\_
3. What characterizes the years of the middle-to-late 30s? \_\_\_\_\_  
\_\_\_\_\_
4. What were two purposes of marriage prior to the 1800s? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. List four factors that people consider in choosing a marriage partner. \_\_\_\_\_  
\_\_\_\_\_
6. Explain midlife transition in middle adulthood. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Define *empty-nest syndrome* and *menopause*. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Describe physical changes in late adulthood. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. Compare the programmed theories and the cellular damage theories of aging.  
\_\_\_\_\_  
\_\_\_\_\_

► **Review Worksheet (continued)**

10. What cognitive changes do most people in late adulthood experience?

---

---

---

11. According to Erik Erikson, how does ego integrity contribute to successful aging?

---

---

12. List the five stages of dying, according to Elisabeth Kübler-Ross. \_\_\_\_\_

---

13. Define *hospice* and *living will*, and explain the purpose of each. \_\_\_\_\_

---

---

---

---

14. What is the purpose of a funeral? \_\_\_\_\_

---