

## CHAPTER

## 11

## REVIEW WORKSHEET

## ADOLESCENCE

Fill in the blanks with the term or terms that complete each sentence.

1. During the \_\_\_\_\_, most adolescents increase their height by 8 to 12 inches.
2. The specific developmental changes that lead to the ability to reproduce are known as \_\_\_\_\_.
3. Body characteristics directly involved in reproduction are called \_\_\_\_\_.
4. Body characteristics not directly involved in reproduction, such as growth of hair on certain parts of the body, are called \_\_\_\_\_.
5. During puberty in boys, hormones from the pituitary gland cause the testes to produce an increase in the male sex hormone \_\_\_\_\_.
6. During puberty in girls, hormones from the pituitary gland stimulate the ovaries to produce the hormone \_\_\_\_\_.
7. A female's first menstrual period is called \_\_\_\_\_.
8. \_\_\_\_\_ and adolescents generally share similar social, political, religious, and economic views.
9. Although adolescents generally maintain good relations with their parents, their \_\_\_\_\_ become more important in terms of influence.
10. Peer groups of 5 to 10 people who spend time with one another are called \_\_\_\_\_.
11. During the first stage of \_\_\_\_\_, adolescents place themselves in situations where they will probably meet peers of the other sex.
12. According to \_\_\_\_\_, the main task of adolescence is the search for identity.

► **Review Worksheet (continued)**

13. The point at which an adolescent feels confused about making a decision about his or her future roles is called an \_\_\_\_\_.
14. An adolescent who decides to pursue a career because it is the career that his or her parents chose is in identity \_\_\_\_\_.
15. An adolescent who has explored options about careers and made decisions about them is in identity \_\_\_\_\_.
16. \_\_\_\_\_ has added dimensions for female adolescents and members of ethnic minority groups.
17. An eating disorder characterized by self-starvation and a distorted body image is \_\_\_\_\_.
18. An eating disorder characterized by compulsive overeating followed by self-induced vomiting is \_\_\_\_\_.
19. To overcome eating disorders, people need to seek \_\_\_\_\_.
20. The first step in drug treatment is \_\_\_\_\_, or the removal of the toxic substance from the body.
21. Activities that are only illegal when committed by children and adolescents are known as \_\_\_\_\_.